



# Adolescent Depression and Suicide: A Comprehensive Empirical Intervention for Prevention and Treatment

*John S. Wodarski, Lois Ann Wodarski, Catherine N. Dulmus*

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## **Adolescent Depression and Suicide: A Comprehensive Empirical Intervention for Prevention and Treatment**

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This text addresses the very serious issue that too many of our adolescents must face, that of depression and suicide. The Surgeon General's Report indicates that ten percent of our youth are, at any one point in time in America, suffering from a mental illness. If not treated, they can go on to have a series of problems such as delinquency and truancy, and may end up in prison. This book presents an empirically based interventive approach to helping adolescents and families deal with adolescent depression and suicide. No other text focuses on this significant social issue facing adolescents and their families. In a unique approach, the text combines theory, intervention, and empirically based techniques for practitioners working with the adolescent and his or her family. It will be of interest to those in social work, sociology, psychology and child and family development. Chapters include: The Epidemic of Child and Adolescent Depression and Suicide; Assessment of Depression, Substance Abuse, and Suicidal Behavior in Children and Adolescents; Interventions for Prevention and Treatment; Coping with Adolescent Depression and Suicide Curriculum; and Family Intervention.

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