



# Clinical Guide to Sports Injuries

*Roald Bahr, Sverre Maehlum*

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Superbly illustrated with more than 400 full-color illustrations and 120 photos, *Clinical Guide to Sports Injuries* is an outstanding guide to the diagnosis, treatment, and rehabilitation of sports injuries. See and learn how to evaluate and treat a wide range of sports injuries and to handle each step in the injury management process. You'll also learn how to prescribe rehabilitation exercises to your patients.

With its color photos, superb medical illustrations created by Tommy Bolic, and useful X rays, *Clinical Guide to Sports Injuries* clearly presents various injury types, injury mechanisms, and treatment methods. And as a bonus, all these visual materials are included on the accompanying CD-ROM for use in lectures and presentations.

Internationally recognized sports medicine specialists Roald Bahr, MD, PhD, and Sverre Maehlum, MD, PhD, use a problem-oriented approach to focus on the management of acute and chronic injuries, whether they occur during competition, exercise, recreation, or other forms of physical activity. The editors logically guide you through the injury management process, beginning with the problem presented by the patient, followed by the diagnoses and treatment options.

*Clinical Guide to Sports Injuries* has the following features:

- New medical illustrations and rehabilitation exercise drawings
- A CD-ROM containing outstanding artwork from the book
- Illustrated exercises throughout the book

*Clinical Guide to Sports Injuries* is a well-organized, easy-to-understand, and richly illustrated text for general practitioners and sports medicine specialists—anyone who needs to know how to diagnose and treat sports injuries of all kinds.

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