

# Daily Word for Weight Loss: Spiritual Guidance to Give You Courage on Your Journey

Colleen Zuck, Elaine Meyer

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## Daily Word for Weight Loss: Spiritual Guidance to Give You **Courage on Your Journey**

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Stop fighting the weight-loss battle alone!

Daily Word for Weight Loss is an inspired addition to the successful Daily Word series. With the power of spirit on your side, you will reach your weight-loss goals-- one day at a time.



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