



Buttermilk: A Savor the South Cookbook

Debbie Moose

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Most southern cooks will agree with Debbie Moose when she writes, "Like a full moon on a warm southern night, buttermilk makes something special happen." *Buttermilk* explores the rich possibilities of this beloved ingredient and offers remarkably wide-ranging recipes for its use in cooking and baking--and drinking, including The Vanderbilt Fugitive, a buttermilk-based cocktail.

Buttermilk includes fifty recipes--most of which are uniquely southern, with some decidedly cosmopolitan additions--from Fiery Fried Chicken to Lavender Ice Cream to Mango-Spice Lassi. For each recipe, Moose includes background information, snappy anecdotes, and preparation tips. Replete with helpful hints and advice for finding the best quality buttermilk available, this cookbook is indispensable for anyone who wants to learn more about this tangy cooking staple.

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