



Solution-Focused Therapy (Brief Therapies series)

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As part of the popular Brief Therapies Series, this long awaited **Third Edition** will tell you all you need to know about Solution-Focused Therapy (SFT) and more! This popular introduction takes you step-by-step through the counseling process, providing insight into how to structure and manage your therapeutic work in ways that are grounded in Solution-Focused principles.

From leading Solution-Focused expert Bill O'Connell, this book will not only provide practical guidelines and theoretical background for the beginner but support and inspiration for the more experienced.

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