



# Prevent and Reverse Heart Disease: How To Cure Heart Palpitation and Irregular Missed Beats

*Nathan Lee*

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## HOW TO CURE PALPITATION AND IRREGULAR MISSED BEATS OF THE HEART

I was very sick when I was in my forties. It was my heart that was troubling me. I had palpitation and missed beats of the heart. I felt very weak and most of the time I was breathless. Now I am in my 50s and I can do anything like I was in my 30s. Recently, I was at Krabi, Thailand doing snorkeling, climbing a 1237- steps hill in 35 minutes when I was told most do it in an hour. I am very glad that I “did not” listen to my doctor’s advice. If I did, I would have probably resigned to a wheel chair and looking out through the window aimlessly.

I would like to share my story and how I cured my heart problems. And I know it will help you as well.

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