



# From Love That Hurts to Love That's Real

*Sylvia Ogden Peterson*

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## **From Love That Hurts to Love That's Real** Sylvia Ogden Peterson

Destructive relationships can be just as addicting and potentially fatal as drugs and alcohol. Individuals frequently take their own life and another's life due to the pain from abandonment. If you experience repeated failed relationships, if you're involved in a love that's bad for you, if you're looking for the strength to get out but can't because of debilitating despair when the relationship ends, and especially if you want to develop the self-love and respect to keep from repeating the same mistakes, this book is for you. Sylvia Ogden Peterson shares her own experiences recovering from love addiction and offers a unique book combining many different approaches to recovery. Love shouldn't hurt. Learn to find the happiness you deserve with a love that is healthy, unconditional, and fulfilling with From Love That Hurts to Love That's Real.

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