



How to Love: Choosing Well at Every Stage of Life

M.D. Gordon Livingston

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Dr. Gordon Livingston—a physician of the human heart, a philosopher of human psychology—offers an urgently needed meditation on who best (and who best *not*) to love. As in his previous books, Dr. Livingston demonstrates an unerring sense of what is important, providing readers with a much-needed alternative to the trial-and-error learning that makes wisdom such an expensive commodity.

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