



Delicious Empanada Recipes: World Famous Empanadas

Danny Gansneder

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Empanadas in Latin America are served in restaurants, sold by street vendors and made at home. The word Empanada is derived from a Spanish word empanar, which means to enclose in bread. Empanadas are hand held pies stuffed with all kinds of sweet and delicious fillings. The fillings can be diverse and creative, as the cook wants them to be, you can also include savory ingredients from shredded or ground vegetables, meat seafood and cheese. You are not limited to that you can make them from sweets like guava paste, pineapple jam, quince and even rice pudding. The handbook contains all simple to understand recipes and clear instructions.

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