

Paleo Chicken Crockpot Cookbook: Easy and Delicious American, Italian, Mexican, and Asian Recipes

M.T Susan



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About the Book This book is for people wanting to follow the Paleo diet, which is based on the diets of our caveman ancestors. The diet includes all-natural foods which can be either hunted or gathered. This book contains recipes that feature chicken as the main ingredient. Find slow cooked crockpot recipes that marinate the chicken in a variety of flavors. It is organized into four sections based on various cuisines from around the world i.e. Asian, Mexican, Italian and American styles. The nutritional approach doesn't compromise delicious taste and offers incredible flavors, variety and health benefits. Enjoy a variation of flavors from different cultures all in one easy to prepare and easy to clean crockpot.

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