



Moving Experiences: A Manual for Awakening

Ruthe Busch Gluckson, Jeffrey Briar

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Creative Movement and Communications Activities Second Revised Edition Available Now! “Moving Experiences,” the book, is a compendium of creative movement activities for all ages, from children through seniors. Activity directors, educators, and workshop presenters will find a sourcebook for hours of new and classic material. Step-by-step instructions provide physical education activities and communications games that encourage creativity and friendship. Authors Ruthe Busch Gluckson and Jeffrey Briar share classroom-tested recipes gleaned from years of teaching in schools, yoga and community centers, and human potential workshops.

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