



End Procrastination And Stay Self-Motivated! - 5 Tips To Be Most Productive And Happy At Work, At Home And In Your Life

Dana J Peterson

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It is time to stop putting things off, feeling guilty that you've been procrastinating and **start to be more productive and happier in your life now!**

"**End Procrastination And Stay Self-Motivated!** – 5 Tips To Be **Most** Productive And Happy at Work, At Home And In Your Life", offers you tips that you can put into action immediately. It will help you to understand why you procrastinate, turn the situation around and help you to be most productive and happy in your life.

In addition, this book also includes:

- 5 reasons why you procrastinate
- 5 mental narratives that can help you overcome the “whys” you procrastinate
- 5 “secret” strategies that will help you end procrastination once and for all
- How to use tools to overcome procrastination and stay self-motivated
- The 5 tips on how to move from guilt to Productivity and be amazed with what you can achieve with your life!
- And much, much more!!!

Start your journey to end procrastination, be self-motivated and be more productive and happy today!

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