



Cold Antler Farm: A Memoir of Growing Food and Celebrating Life on a Scrappy Six-Acre Homestead

Jenna Woginrich

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***Farm City* meets *The Omnivore's Dilemma* in *Cold Antler Farm*, a collection of essays on raising food on a small homestead , while honoring the natural cycle of the "lost" holidays of the agricultural calendar.**

Author Jenna Woginrich is mistress of her one-woman farm and is well known for her essays on the mud and mess, the beautiful and tragic, the grime and passion that accompany homesteading. In *Cold Antler Farm*, her fifth book, she draws our attention to the flow and cycle not of the calendar year, but of the ancient agricultural year: holidays, celebrations, seasonal touchstones, and astronomical events that mark sacred turning points in the seasons.

Amidst the "lost" holidays of the equinoxes, May Day, Hallowmas, and Yule, we learn the life stories of her beloved animals and crops--chicken, pig, lamb, apples, basil, tomatoes. May apple blossoms are sweet fruit for rambunctious sheep in June. And come September, the harvest draws together neighbors for cider making under the waning summer sun. The living beings she is tending fuel one another--and the community--day to day, season by season.

By examining what eating seasonally really means, the "ancient" reclaimed calendar becomes a source of wisdom. How do we set down roots and break new ground in spring? How to best nourish body and soul in the heat of deep summer? And what can we learn by simply paying more attention to weather patterns than to our social network feeds? *Cold Antler Farm* encourages us to eat and live well with respect to for the natural rhythm of the seasons. In turn we learn what it means to be truly connected, not super-networked.

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